All meetings are Eastern Standard

## <u>Telephone Marathons</u>

2023

\*\*If your carrier tries to block or charge you, dial 518-906-1708 before calling

Phone: 1-667-770-1474

Code: 207490#

A Meeting Every Hour





## From 8 am until 11 pm 6 pm: The Count Up

## Telephone Marathon Meetings for 2023:

January 1st (Ringing in the New Year)

February 14th (Love is in the Air)

April 9th (Spring Fling)

May 29th (Service is the Key)

July 4th (Celebration of Freedom)

September 4th (Fall into Recovery)

November 16th (Turn Over a New Leaf)

November 23rd (Attitude of Gratitude)

December 25th (Holiday Marathon)

Our Primary Purpose is to offer support to those who are trying to gain freedom from nicotine.

Call: Natalie

Phone: 603-289-6865 For information

~ Hosted by ~ **Nicotine Anonymous** FreeBridge Telephone Meetings

"The only requirement for **Nicotine Anonymous** membership is a desire to stop using nicotine."

- TRADITION THREE