

All meetings are
Eastern Standard

Telephone Marathons

2023

Phone: 1-667-770-1474

Code: 207490#

Dial 206-451-6066 prior
if carrier tries to block or
charge you



From 8 am until 11 pm

6 pm: The Count Up

Telephone Marathon Meetings for 2023:

January 1st (Ring in the New Year)

February 14th (Love is in the Air)

April 9th (Spring Fling)

May 29th (Service is the Key)

July 4th (Celebration of Freedom)

September 4th (Fall into Recovery)

November 16th (Turn Over a New Leaf)

November 23rd (Attitude of Gratitude)

December 25th (Holiday Marathon)

Our Primary Purpose is to offer support to those who are trying to gain freedom from nicotine.

Call: Natalie
Phone: 603-289-6865
For information



~ Hosted by ~
**Nicotine Anonymous
FreeBridge
Telephone Meetings**

“The only requirement for
Nicotine Anonymous
membership is a desire to
stop using nicotine.”

— TRADITION THREE