

The Southern California Intergroup of Nicotine Anonymous (SCINA) presents  
**The 22nd Annual Joshua Tree Retreat**

One Day Only ~ Sunday, August 22, 2021 ~  
 Virtual Conference Event



\$10 Registration (the price of a pack of cigarettes)

via PayPal\* link on SCINA website: [DONATE](#)

[www.scina.org](http://www.scina.org) or <https://scina2012.squarespace.com/>

(Note: You do not need a PayPal account. You can pay with credit/debit card.)

Or mail a check by August 10th, made payable to “SCINA” (NOT Nicotine Anonymous)  
 19744 Beach Blvd. #247, Huntington Beach, CA 92648

Once you have registered, please notify Bill H. at [whca111@gmail.com](mailto:whca111@gmail.com).  
 so he can email you the final agenda and virtual conference  
 access code (aka Zoom\* link) the weekend before.

## AGENDA

TIME (PST)	DESCRIPTION	LED BY
<b>SUNDAY, August 22, 2021</b>		
9:00 am – 10:00 am	“Easy Does It Gentle Yoga Flow w/Nicol	<i>Nicol S.</i>
10:00 am – Noon	Opening Meeting Chips & Birthdays	<i>Bill H. &amp; Jane H.</i>
Noon – 1:15 pm	Workshop #1	<i>David K.</i>
<i>1:15 pm – 1:30 pm</i>	<i>15-minute break</i>	
1:30 pm – 2:45 pm	Workshop #2	<i>Teresa S.</i>
2:45 pm – 3:00 pm	Meditation	<i>Karen Marie S.</i>
3:00 pm – 4:00 pm	Gratitude Meeting	<i>Alan C. &amp; Robert W.</i>

\*Any listing of businesses or organizations used to help us carry our message of recovery does not represent an endorsement of either by Nicotine Anonymous.