All Meetings are **U.S. Eastern Time**

<u>Telephone Marathons</u>

<u> 2019</u>







Phone: 1-218-339-2933

Pin/Passcode: 944982#

From 8 am until 11 pm 10 pm: The Countdown

Telephone Marathon Meetings for 2019:

- ❖ January 1st (Ringing in the New Year)
- April 21st (Spring Fling)
- May 27th (Service is the Key)
- ❖ July 4th (Celebration of Freedom)
- ❖ September 2nd (Fall into Recovery)
- November 21th (Turn Over a New Leaf)
- November 28nd (Attitude of Gratitude)
- * December 25th (Holiday Marathon)

Our Primary Purpose is to offer support to those who are trying to gain freedom from nicotine.



CONTACT: Katherine B.

PHONE: 1-252-217-7367 (anytime)

"The only requirement for **Nicotine Anonymous** membership is a desire to stop using nicotine."

— TRADITION THREE