The Southern California Intergroup of Nicotine Anonymous (SCINA) cordially invites you to attend

The 20th Annual Joshua Tree Retreat

Friday July 12th - Sunday July 14, 2019

This retreat is for Nicotine Anonymous members and guests who want to enhance their practice of prayer and meditation. Held in the heart of one of the most serene settings of the Mojave Desert, the Joshua Tree Retreat Center (JTRC) offers the perfect atmosphere to enhance your journey into the Twelve Steps of Nicotine Anonymous. Meetings & workshops will be held throughout the weekend along with periods of prayer, meditation, yoga, hiking, alone time, and fellowship by the pool. Writing materials will be provided. You may arrive as early as noon on Friday to enjoy the pool and to get settled in. Dinner will be around 6 pm, followed by a sunset hike, and our first meeting will begin around 7:30 pm. Our closing Gratitude meeting will start Sunday at 10 am, with room checkout by noon, but you can stay the afternoon at the pool.



Cost:

- \$185 includes two nights lodging and five meals (Friday dinner, Sunday breakfast, and all meals on Saturday)
- \$100 is the cost to attend if you are not staying at JTRC. This includes meals and use of the facilities/pool. [No exceptions; JTRC is charging us for everybody.]
- Space limited. RSVP to Jane H. at 442-324-2373.
- Questions? Call Jane H. or Bill H. (818-800-3449)
- Please note: No refunds once paid.

SERENITY UNDER THE STARS!!! Includes two nights lodging and five meals!

Make checks payable to: SCINA

Mail your payments of \$185 for meals & lodging (or \$100 for meals only) to Event Co-Chair: Bill Harmon, 10480 Sunland Blvd. #1, Sunland, CA 91040.

Credit card payments are accepted via our Paypal account at <u>www.scina.org</u>. If paying by credit card, cost is \$190 (to cover PayPal fee)/\$105 for meals only. Please notify via email Jane (<u>haskelljane@yahoo.com</u>) or Bill (<u>whca111@gmail.com</u>) once you have made payment, as we are not auto-notified.

To Bring:

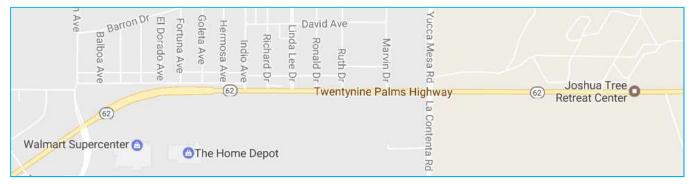
- Toiletries (e.g., shampoo, soap, toothbrush, toothpaste; this is not a hotel with amenities; there is a gift shop and nearby stores if you forget anything)
- Sun Screen / Sun Glasses
- Casual Clothing (it may get cool at night). Retreat center is air conditioned.
- Comfortable Footwear (flip flops AND shoes for hiking); no shoes allowed in house!
- Swim Suit and Beach Towel (for pool)
- Your NicA Big Book or Meditation Book

Location: JOSHUA TREE RETREAT CENTER.

59700 29 Palms Hwy, Joshua Tree, CA 92252. 760-365-8371.

Directions From Los Angeles:

Take 10 Freeway East approximately 100 miles to Exit 117 onto CA 62 East (29 Palms Highway) for approximately 25 miles and the Center will be on your left after Yucca Mesa Rd. When you see the "Welcome to Joshua Tree" sign, you are seconds away. There is a large rust-colored metal sculpture and a blue sign at the entrance on your left. If you reach downtown Joshua Tree, you have gone too far. JRTC advises not to rely on your GPS as some have encountered issues with it. Please drive safely, especially if you are arriving at night.



We will be staying at the Ding Le Mei House. When you enter JTRC, veer right. You can see photos of the Ding Le Mei room on the JTRC website: https://jtrcc.org/

