

“I tried to quit smoking a hundred times and finally just gave up.”

CUT on solid line

Please Take One!

STICK THIS ON OUTSIDE FRONT

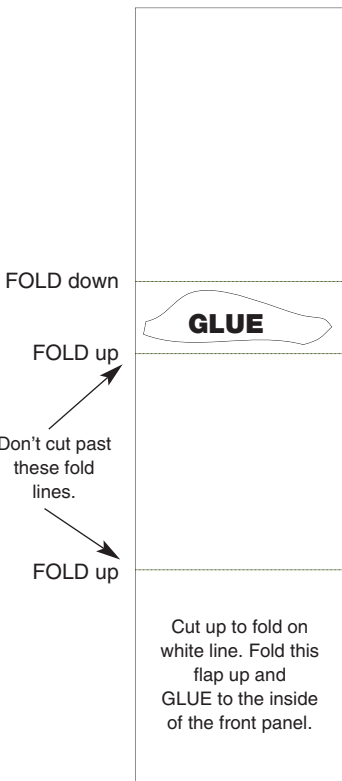
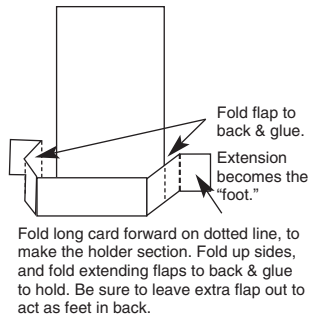
Then I went to Nicotine Anonymous.

No dues or fees. The only requirement for membership is a desire to quit using nicotine.

NicA World Services: [www.nicotine-anonymous.org](http://www.nicotine-anonymous.org)

CUT on solid line  
FOLD on dotted line

CUT on solid line  
FOLD on dotted line



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Thanks!

